Outdoor **ENG**

The pulse & green riviera on the blue & green riviera

Are you looking for a holiday rich in experiences, one you can see, hear, taste and touch, a holiday where you can soak up the destination and feel its primordial pulse of life?

Your first encounter with the Crikvenica-Vinodol Riviera will leave you feeling enchanted by its relaxing combination of sea, lakes, valleys, forests and mountain peaks. An endless interplay of blue and green landscapes will follow you every step of the way, but the thing that will probably delight you the most is the fact that such diversity is so close at hand! Here, you can laze on a sandy beach, go for a walk in the woods or explore the area's exciting history, and then have an evening out on the town – all on the same day! A favourable location in Kvarner, a healthy climate and microclimate, clean air and sea, scenic beauty, and a fascinating cultural and historical heritage are just some of the highlights of this area, whose tradition in tourism dates back more than 140 years. Whichever place you choose for your stay, you can rest assured that you'll enjoy it. The charming coastal towns of Crikvenica, Dramali, Jadranovo and Selce are part of the riviera, which became famous for health tourism as early as the 19th century, and which is still today a leading destination in Croatia. The green of Vinodol and the picturesque villages of Bribir, Grižane, Tribalj and Drivenik will provide you with a peaceful atmosphere away from the crowds and everyday hustle and bustle. You must definitely see Novi Vinodolski, home of the Law Code of Vinodol, one of the most important medieval legal documents in Europe, its coastal neighbours Povile, Klenovica, Smokvica and Sibinj, and its 'protectors' in the hinterland: Breze, Krmpote, Donji and Gornji Zagon and Ledenice.

Accommodation

On the Crikvenica-Vinodol Riviera, you can find accommodation tailored to your needs. Small family hotels and large hotel complexes, traditional or modern designs, and hotels that nobility, actors and writers used to stay in back in the late 19th century can all be found here. Your professional and friendly hotel hosts will make sure that your wedding is impeccably organised, and will also meet all the requirements of congress, business workshop and lecture organisers. There are also guesthouses, hostels, campsites, and family accommodation providing privacy in a warm homely atmosphere. An additional guarantee of accommodation quality is the Kvarner Family label with its Pet, Hike and Bike Friendly subcategories. If you want a more peaceful stay, rural stone houses in Vinodol or a mountain hut in a forest environment are ideal for you.



Activities

If you cannot decide whether you prefer sports and activities on land, at sea, or in the air, don't worry, for you're in the right place for all of them. The Crikvenica-Vinodol area has 425 km of cycling trails and more than 300 km of hiking trails and promenades along the coast and in the hinterland that are suitable for both recreationists and active athletes alike. The exciting and romantic Love Path is just one of the many routes on which you can pursue recreational activities but also get to know interesting cultural and historical sights. Divers will love their unforgettable encounters with the marine flora and fauna, boating and sailing enthusiasts will find a favourite spot in the two marinas in Novi Vinodolski, while those interested in fishing can put out to sea or head for the lake in Tribalj. The picturesque hinterland is ideal for paragliding and horseback riding, while the Celestial Labyrinths in the hinterland of Novi Vinodolski and the Mediterranean Labyrinth of Love in Crikvenica are perfect for those in search of silence and meditation. A series of viewpoints called The Eyes of Vinodol in the surroundings of Novi Vinodolski and Vinodol offer magnificent views and provide a special feeling of freedom and connection with nature. There are also facilities where you can play football, basketball, handball, volleyball, tennis and many other sports. A number of professional athletes have chosen this area to relax and prepare for new sporting challenges.

Climate & health

The best part is that you can come here any time, because it has been proven that the area offers favourable climatic conditions for outdoor activities almost all year round. Natural healing factors that can help treat various illnesses and improve quality of life, such as the clean sea and mountain air, have been known for centuries, and the health tourism tradition in the Crikvenica area is today continued by renowned health clinics providing top-quality services, such as *Thalassotherapia Crikvenica* and the *Terme Selce* polyclinic. Round off your stay with a variety of wellness and spa options and cosmetic treatments which will pamper all your senses.

Beaches

The area's natural and landscaped pebbly, sandy and rocky beaches that stretch along the coast for several kilometres offer a wealth of entertainment, sports and recreational facilities for children and adults. There are also beaches for your four-legged friends: Podvorska Beach in Crikvenica, the best dog beach in Croatia, and a dog beach in the cove of Mala Draga.





Your perfect holiday



Geographical location and climate

Only thirty kilometres away from Rijeka, the administrative centre of Kvarner, you can find tourist destinations on the Crikvenica-Vinodol A Riviera dotted along the coast like pearls on a necklace, protected in the hinterland by the fertile Vinodol Valley. The riviera is characterised Zagreb by a pleasant Mediterranean climate that provides dry and warm summers and mild winters. It can be easily reached from Central Europe, and thanks to its excellent geographical position and good road connections, it enjoys a century-long tradition of tourism. DISTANCE FROM MAIN



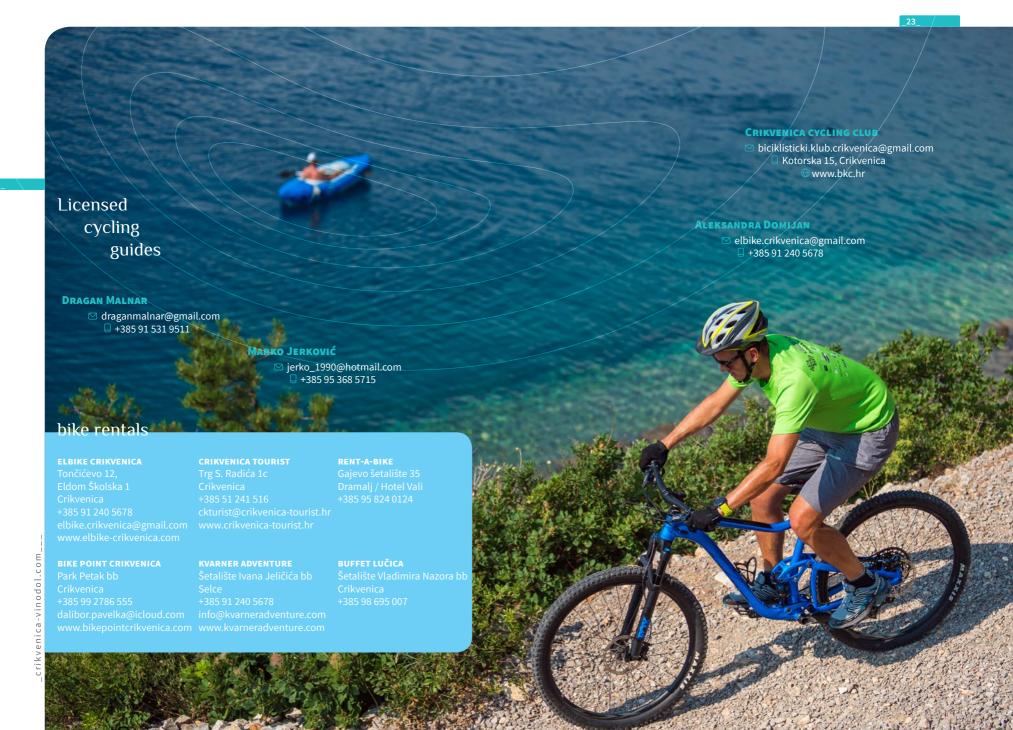
Cycling

adventure on two wheels

- An exceptional geographical position, a mild and pleasant climate that allows sports activities almost all year round, and a network of attractive bike trails make the Crikvenica-Vinodol Riviera an ideal destination for cycling enthusiasts, regardless of whether you are a professional or recreational athlete.
- The multifaceted nature of the terrain, the diversity of surfaces and the magnificent vistas of Kvarner Bay allow cyclists to enjoy every kilometre of distance and every metre of elevation.

- Whether you drive past wonderful beaches, picturesque medieval towns, magnificent Frankopan castles, or above the steep cliffs of Vinodol, a bike tour of the riviera is always an enjoyable experience.
- Road, trekking or mountain bike? It doesn't matter! Ten attractive, interconnected cycling routes will provide you with an unforgettable adventure on two wheels.





Hiking

from the sea to the mountain peaks

A walk along the coast, through a pine forest right by the sea, or in the green hinterland along fragrant, eye-pleasing hiking trails is an additional reason

special experience. Enjoy a day spent in great natural surroundings and reward yourself with beautiful views of the coast, islands, and the green expanses of Gorski Kotar. Take a map of hiking trails and promenades on Rijeka Hiking Trail (RT), Kapela Hiking Trail (KPP) and Gorski Kotar Hiking

Croatia has two long-distance hiking trails: the Via Dinarica and Via

NOTE: Wear appropriate clothes, especially because of sudden weather



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Fishing

an oasis of peace and quiet

- Fishing is not just fun; it has been a way of life since ancient times.
 Recreational fishing at sea or in freshwater provides a true feeling of peace and relaxation.
- The Adriatic coast is a paradise for fishermen due to its richness of different white and oily fish species. To engage in recreational fishing at sea, you need a daily, monthly or annual permit (both for fishing from the shore and from a boat) that you can obtain from the relevant Ministry or through a sales representative. You can also take part in local sport fishing competitions.

■ If you head towards the hinterland of Crikvenica, only a few kilometres away, you will come across Lake Tribalj, where fishing is allowed throughout the year. This lake, 41 hectares in size, with an average depth of 4 m, is home to fish species such as carp, grass carp, catfish, zander, eel, and others. There are 24 fishing locations marked along the lake from which fishing is allowed. A simple strike will be enough for you to catch and then release a fish.



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Swimming

a positive impact on health ■ Would you like to swim, either competitively or just for pleasure, but don't know how to begin? There are swimming clubs in Crikvenica and Novi Vinodolski, which organise swimming courses, programmes for non-swimmers and a water polo course during the summer months, as well as swimming and water polo competitions throughout the year. contacts **CRIKVENICA SWIMMING CLUB** Strossmayerovo šetalište 1a Crikvenica +385 51 241 154 +385 91 1216 764 rippl.tea1@gmail.com VINODOL SWIMMING CLUB Kralja Tomislava 8 Novi Vinodolski +385 98 134 7746 WATER POLO CLUB CRIKVENICA Šetalište Vladimira Nazora 9 Crikvenica +385 95 907 7574 vk.crikvenica@gmail.com

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Other sports

at sea

Spice up your holidays on the riviera with a water adventure, put out to sea and have fun with some of the most attractive summer sports.

Numerous sports centres offer a wide choice of popular water sports such as water skiing, SUP, kayaking, jet skiing, parachuting, pedal boating or adrenaline-fuelled tube and banana rides. If you want to spend a day away from the bustle of the city, you can rent a boat and head to one of the hidden coves of the riviera.





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Marathon, the only marathon in Europe that is run right

 Marathon swimmers can participate in the most famous and oldest marathon on the Crikvenica-Vinodol Riviera: the Šilo-Crikvenica Swimming Marathon. Other similar

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You can find a schedule of events in the destination on the websites of local tourist boards. Remember that a stay on the

riviera cannot be boring because every day is a new experience!

along the coast.

We suggest participating in the following top outdoor event

OUTDOOR EVENT XC Marathon Crikvenica Crikvenica-Vinodol FIT4NOVI Novi Vinodolski Swimming Marathon Šilo-Crikvenica August Šilo - Crikvenica Swimming Marathon in memory of Veljko Rogošić August Vrbnik - Novi Vinodolski September-October **Experience Crikvenica** Crikvenica October Panorama of Vinodol Crikvenica-Vinodol December Adria Advent Marathon Crikvenica

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■ You deserve a quality rest after your activities! Crikvenica-Vinodol Riviera offers many hotel and private accommodation options, and your friendly



INFORMATION

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■ S.O.S.

EUROPEAN EMERGENCY NUMBER CROATIAN MOUNTAIN RESCUE SERVICE NATIONAL HEADQUARTER FOR SEARCH AND 112 112

RESCUE AT SEA - MRCC Rijeka 195

■ TOURIST HEALTH CENTRES

TOURIST HEALTH CLINIC, Kotorska 13, Crikvenica KATUNAR POLYCLINIC. Dr. Ivana Kostrenčića 10. Crikvenica TOURIST HEALTH CLINIC, Jurkovo bb, Novi Vinodolski

DON'T FORGET

Protect nature







- ! Use only marked trails
- I Take enough water to drink
- ! Ensure your clothing and equipment is suitable for different types of weather and activites
- ! Make sure that the length and level of difficulty of the selected tour is acceptable
- ! Respect other participants when doing outdoor activities

More information about the outdoor offer can be found on the website crikvenica-vinodol.com

